

Appetizers 前菜

1. Rice	\$ 1.50	7. Chicken Yakitori	\$ 5.99
Rice w/teriyaki	\$ 2.50	8. Tuna GomaAe (4pcs)	\$ 7.99
Teriyaki Sauce	\$ 0.99	9. Appetizer Tempura	\$ 6.99
2. Agedashi tofu	\$ 4.99	(2 prawns+5 veggies)	
3. Edamame (soy bean)	\$ 3.50	10. Ton-Katsu	\$ 9.99
4. Deep Fried Gyoza	\$ 4.99	(deep fried pork)	
5. Gyoza (5pc pan-fried)	\$ 5.50	11. Chicken Karage(7pcs)	\$10.99
6. Veggie Gyoza (5pc)	\$ 5.50		

Soup & Salad 湯類及沙拉

12. Vegetable Sunomono	\$ 2.99	18. Seafood Soup	\$ 7.99
13. Shrimp Sunomono	\$ 3.99	19. Wonton Soup	\$ 5.99
14. Tako Sunomono	\$ 5.99	20. Wor Wonton (L)	\$ 10.99
15. Seaweed Salad	\$ 3.99	(w/seafood)	
16. Horenso GomaAe	\$ 4.50	21. Miso Soup	\$ 1.50
(spinach salad w/sesame sauce)			
17. House Salad	\$ 6.99		

Udon & Soba 麵類 *noodle soup & panfried noodles*

22. Plain Udon	\$ 6.99	26. Tempura Udon	\$ 11.99
23. Vegetable Udon	\$ 7.99	27. Seafood Udon	\$ 11.99
24. Chicken Udon	\$ 8.99	28. Yakisoba	\$ 12.99
25. Beef Udon	\$98.99	29. YakiUdon	\$ 12.99

Donburi 飯類 *rice bowl*

30. Oyako Don	\$8.99	33. Beef Teriyaki Don	\$ 9.99
31. Gyu Don (beef+egg)	\$ 8.99	34. Chicken Teriyaki Don	
32. Katsu Don (pork+egg)	\$10.99	(chicken & veggie)	\$9.50
		35. Ten Don	\$11.99
		(assorted tempura w/rice)	

Chirashi 生魚壽司飯 *sushi rice in bowl topped with sashimi*

36. Salmon Chirashi	\$14.99	38. Tuna & Salmon Chirashi	\$14.99
(\$3.00 extra for wild salmon)		(3.00 extra for wild salmon)	
37. Tuna Chirashi	\$14.99	39. Deluxe Chirashi**	\$19.99

Tempura 天婦羅

40. Appetizer Tempura	\$6.99	44. Seafood Tempura (8pcs)	\$ 9.99
41. Yam Tempura (8pcs)	\$6.99	45. Assorted tempura (18pcs)	
42. Vegetable Tempura	\$6.99		\$14.99
43. Prawn Tempura (7pcs)	\$9.99	46. Tempura Sauce(extra)	\$ 0.75

Teriyaki 鐵板燒 *served with steel dish & assorted steamed vegetables & Rice*

47. Chicken Breast Teriyaki	\$15.99
48. Beef Teriyaki	\$15.99
49. Salmon Teriyaki	\$18.99
50. Vegetable Teriyaki	\$ 11.99
51. Tofu Teriyaki	\$13.99

Sashimi 生魚 *sliced raw fish*

52. Tuna (7pcs)	\$11.99	55. Tuna Tataki		58. Assorted Sashimi	
53. Salmon	\$ 11.99	\$13.99		(14 pcs)	\$19.99
54. Tuna & Salmon		56. Wild Salmon	\$12.99		
(8pcs)	\$ 12.99	(4 pieces)	\$6.99		
(4 pieces)	\$ 6.99	57. Toro Sashimi	\$14.99		
		(4 pieces)	\$7.99		

Nigiri Sushi 握壽司 *per piece*

Tamago (egg).....	\$ 1.75	Masago (smelt roe)	\$2.20
Inari (sweet tofu).....	\$ 1.75	Chopped Scallop.....	\$2.20
Salmon.....	\$ 1.75	(chopped scallop & tobiko)	
Tuna.....	\$ 1.75	Ika (squid).....	\$ 2.00
Hokigai (red clam)	\$ 1.75	Tako (octopus).....	\$ 2.00
Ebi (cooked prawn).....	\$ 1.85	Toro (fatty tuna)	\$2.20
Wild Salmon.....	\$ 1.85	Unagi (eel).....	\$ 2.50
Tobiko (flying fish roe) ...	\$ 2.20		

Deep Fried Rolls

59. Dancing California Roll	\$ 5.50	61. Dancing JB Roll	\$6.00
60. Dancing Dynamite Roll	\$ 6.00	62. Dancing Spicy Tuna/Salmon Roll	\$ 6.00

We reserve the right to charge of ingredients.

We cannot be responsible for any allergies our customers may have.

GST not included in prices.

Prices subject to change without notice.

Roll Sushi / Cone Sushi 壽司卷及手卷

63. salmon Roll	\$ 3.00	76. Chopped Scallop Roll	\$ 5.00
64. Tuna Roll	\$ 3.00	77. Unakyu Roll	\$ 6.99
65. Negitoro Roll	\$ 3.75	(B. B. Q. eel & cucumber)	
(fatty tuna & green onion)		78. PhiLadephia Roll	\$ 6.99
66. B.C. Roll (BBQ salmon)	\$ 4.50	(B. B. Q. eel & cream cheese)	
67. California Roll**	\$ 4.50	79. Alaska Roll	\$ 6.99
68. Chicken Teriyaki Roll	\$ 4.75	(smoked salmon+california roll)	
69. Beef Teriyaki Roll	\$ 4.75	80. S. S. S. Roll	\$ 6.99
70. Crazy Roll	\$ 4.75	(smoked salmon & shrimp)	
71. Crunch Roll	\$ 4.75	81. House Special Roll	\$ 7.99
(crab,tempura & cucumber)		(tuna, salmon, fish cake, vegetable)	
72. Ebi Roll	\$ 4.99	82. Caterpillar Roll	\$10.99
(prawn, avocado & cucumber)		(unakyu roll w/ avocado on top)9	
73. J. B. Roll	\$ 4.99	83. Rainbow Roll	\$ 10.99
(cream cheese & salmon)		(california roll with salmon,tuna,avocado,prawn on top)	
74. Dynamite Roll	\$ 4.99	84. Spider Roll	10.99
75. Hawaiian Roll	\$ 4.99	(soft shell crab, cucumber, crab meat and with ffish eggs on top)	
(prawn, pineapple, cucumber & crab)		85. Dancing Eel Roll	\$ 11.99
		(california roll+B.B.Q. eel on top)	

Vegetarian Roll Sushi 蔬菜卷

86. Avocado Roll	\$3.00	89. AC Roll	\$ 4.75
87. Kappa Roll (cucumber)	\$ 3.00	(avocado and cucumber)	
88. Mango Roll	\$ 4.75	90. Yam Tempura Roll	\$ 4.50
(mango +,avocado)		(deep fried yam)	
		91. Veggie Tempur Roll	\$ 4.50

Spicy Roll Sushi / Cone Sushi 香辣壽司卷

92. Spicy Tuna Roll	\$ 4.99	97. Spicy Dynamite Roll	\$ 5.25
93. Spicy Salmon Roll	\$ 4.99	98. Spicy Chopped Scallop Roll	
94. Spicy Beef Roll	\$ 4.99		\$ 5.50
95. Spicy Chicken Roll	\$ 4.99	99. Stamina Roll	\$ 6.99
96. Spicy California Roll	\$ 4.75	(Spicy tuna,tempura,prawn etc.)	
		100. House Spicy Sauce/spicy mayo	\$ 0.50

Sushi Combinations 壽司套餐 **SAVE UP TO 30%**

101. **Iron Chef Special Combo (20pcs)** \$ 13.99
(6pcs house roll, 6 pcs salmon/ kappa rolls, 4 pcs california roll, 4pcs chicken roll,)
102. **Roll Combo** (6 pcs dynamite roll, 8 pcs california roll & 6 pcs cucumber roll) \$ 12.99
103. **Vegetable Combo** \$ 7.99
(6 pcs veggie tempura roll, 3 pcs avocado roll, 3 pcs cucumber roll)
104. **Teriyaki Combo** (1 chicken teriyaki roll & 1 beef teriyaki roll) \$ 8.99
105. **California Combo** \$ 10.99
(1 california roll, 1 pcs each of tuna, salmon, ebi & tamago sushi)
106. **B.C. Combo** \$ 10.99
(1 B.C. roll, 1 salmon roll, 1pcs each of tuna, salmon & ebi sushi)
107. **Dynamite Combo** \$ 11.50
(1 dynamite roll, 1 pcs each of tuna, salmon, ebi & tamago sushi)
108. **Alaska Combo** \$ 12.99
(1 alaska roll, 1 pcs each of tuna, salmon, ebi & tamago sushi)
109. **Tuna & Salmon Combo** \$ 12.99
(1 tuna roll, 1 salmon roll, 2 pcs each of tuna & salmon sushi)
110. **Assorted Sushi Combo-** (extra \$1.00 for sockeye salmon) \$18.99
(half tuna roll, half salmon roll & nigiri sushis including 2 pcs each of salmon, tuna, 1 pc of each snapper, ebi, tako & tobiko sushi)

*All Special meals and combos are priced for our customer's benefit.
Any substitute order will have an extra charge.
Thank you for your understanding*

Business Hours

Monday 11:00am - 8:00pm
Tue.-Thurs. 11:00am - 8:30pm
Friday 11:00am - 9:00pm
Saturday 12:30 - 9:00pm
Sunday / Holiday Please call

Party Trays 精美宴會壽司

111. **Value Tray** (for 2 persons) \$ 25.99
38 pieces of rolls & nigiri sushis
-- (extra \$1.00 for sockeye salmon)
including 16pcs of california rolls, 12 pcs of dynamite rolls, 6 pcs of cucumber rolls, 2pcs each of salmon and tuna nigiri sushi
112. **Hockey Night Tray** (for 3 persons) \$ 35.99
58 pieces of rolls & nigiri sushis
Includes 8 pcs spicy salmon rolls, spicy tuna rolls, spicy crazy rolls, spicy chopped scallop rolls, and California rolls, 6 pcs of avocado rolls, cucumber rolls and dynamite rolls
113. **Roll Tray** (for 3 to 4 persons) \$ 35.99
62 pieces of rolls
including cucumber rolls, avocado rolls, California rolls, yam tempura rolls, dynamite rolls, chicken teriyaki rolls, beef teriyaki rolls, B.C. rolls, and crazy rolls
114. **Gourmet Tray** (for 3 to 4 persons) \$ 47.99
60 pieces of rolls & nigiri sushis
-- (extra \$4.00 for sockeye salmon)
Including 8 pcs of SSS rolls & california rolls, 6 pcs of salmon rolls & tuna rolls, 6 pcs each of B.C. & house rolls and yam rolls, 5 pcs each of tuna, salmon & 4pcs prawn nigiri sushis
115. **Deluxe Tray** (for 4 to 5 persons) \$ 59.99
73 pieces of rolls & nigiri sushis
-- (extra \$4.00 for sockeye salmon)
including 6 pcs of house special rolls, 8 pcs of california rolls, & chicken teriyaki rolls, 6 pcs each of cucumber, salmon and tuna rolls, yam tempura rolls & dynamite rolls, and 4pcs each of salmon & tuna, 3 pcs each of tamago, prawn, tobiko & hokkigai nigiri sushis

IRON CHEF



SUSHI ICHI
Japanese Restaurant

www.ironcheflangley.com

Tel: 604-881-0168

9145 Glover Road

Langley, B.C.

(Beside the Fort Langley Community Hall)

Box A \$11.99

appetizer tempura, chicken teriyaki with rice
4 California rolls, house salad

Box B \$12.99

appetizer tempura, 6 cs salmon rolls
8 pcs California rolls, house salad

Veggie Box \$14.99

veggie tempura, tofu teriyaki with rice
6 pcs avocado rolls, house salad,

Veggie sunomono, miso soup

Teriyaki Box \$15.99

appetizer tempura, chicken teriyaki with rice
8pcs California rolls, salmon and tuna nigari,
Shrimp sunomono salad, miso soup

Sashimi Box \$17.99

appetizer tempura, tuna and salmon sashimi
4 California rolls, 4pcs nigiri sushis
Shrimp sunomono salad, miso soup